

What is a CCRC?

Are you planning ahead for a retirement that offers not only a great lifestyle but security for your future? If so, a continuing care retirement community (CCRC) could be the right choice.

A CCRC is a retirement community option that perfectly combines an independent lifestyle, hospitality and access to all levels of healthcare all in one convenient location. At The Atrium at Navesink Harbor, a Springpoint continuing care retirement community, you'll have all you need to live the vibrant, active lifestyle you deserve.

Are CCRCs Worth It?

More and more seniors are planning ahead for a great life and a secure future by choosing to make their home in a CCRC. Aramark Senior Living Services surveyed a cross-section of CCRC residents across the country, and when asked, "If you could do it all over again, would you choose to move to a CCRC?" 96% of respondents said they would.

With [maintenance-free living](#) and a [full continuum of care](#), your needs will be met now and in the future. Along with one- and two-bedroom [apartment plans](#), you'll have access to onsite activities and amenities designed to help you live the best life you can. And, all expenses are conveniently covered in the monthly fee. Did you know that your fee includes:

- Spacious living options
- Restaurant-style dining
- Housekeeping services
- Complete maintenance, inside and out
- Concierge services
- Transportation to grocery, shops and more
- 24-hour security
- LivWell health & wellness program
- Fitness center and aquatic center
- Life-enriching programs and classes
- Onsite healthcare center
- And more!

Amenities and Services that Inspire

From fitness classes to a well-stocked library and opportunities to explore the thriving Red Bank community, your days will be filled with the things you love most. Along with traditional Springpoint [activities](#) and [amenities](#), The Atrium at Navesink Harbor offers unique assets like boating on the Navesink River and panoramic water and city views. The engaging amenities are proof that life at The Atrium is far from ordinary.

And the greatest benefit of all? All while enjoying the all-inclusive senior lifestyle of your dreams, you'll also benefit from security and peace of mind for the future. You are assured high-quality healthcare on site, if you should ever need it.

Choosing a CCRC means more time, more freedom and more opportunities. Keep exploring our website to learn more about the benefits of a continuing care retirement community and why The Atrium at Navesink Harbor is a great choice for your retirement lifestyle.

Learn More About Vibrant Retirement Living at The Atrium at Navesink Harbor

Take it from the residents themselves: Katherine Guyer shares, "The fact that I am here is just a blessing. I am home!" And Paula Westerman said, "I felt at home from the moment I stepped through the front door. I not only like living here—I love it."

We invite you to come see our continuing care retirement community! [Contact us today](#) to learn more and schedule your personal tour.